



## **ROLE OF THE TEACHER AS A FACILITATOR TO DEVELOP STUDY HABITS & STUDY SKILL IN STUDENTS**

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**Introduction-** Student's performance remains at top priority for teachers. It is meant for making a difference locally, regionally, nationally and globally. Educators, trainers, and researchers have long been interested in exploring variables contributing effectively for quality of performance of learners. These variables are inside and outside school that affect students' quality of academic achievement. These factors may be termed as student factors, family factors, school factors and peer factors (Crosnoe, Johnson & Elder, 2004). Academic failure is a result of complex and interconnected factors. To increase the academic performance of the students the teacher needs to take special initiatives for students' achievement. Teachers try to change their role and act as a facilitator for students' development and learning. It is observed that at school level students are given a great deal of knowledge but are not provided with the training to handle it such that they can obtain good grades and also during this whole process enjoy learning as it is said by an unknown author "An Education system isn't worth a great deal if it teaches young people how to make a living but doesn't teach them how to make a life". The training that the students need is the study skills which go on to become study habits. Now teacher is as a facilitator in learning. Teaching and learning are being modified due to innovations in education. In this paper discussing about teacher's role as a facilitator to develop study habits and study skill among students..

### **Concept of Study skill and Study habits**

Study skills are defined as strategies and methods to efficiently manage learning. Study skills consist of Effective Reading, time management strategies, note taking and active listening abilities, and summarization and analysis skills.

According to Good's dictionary of education, "Study habit is the tendency of pupil to study when the opportunities are given, the pupil's way of studying whether systematic or unsystematic, efficient or inefficient."

### **Importance of study skills**

Studies have showed that there is a positive relationship between academic achievement and study skills of a student (Yip and Chung, 2002; Lammers et al., 2001; Carter, 1999; Atilgan, 1998; Jones et al., 1996; Kleijn et al., 1994; Agnew et al., 1993; Lawler-Prince et al., 1993; Elliot et al., 1990; Schultz, 1989).

Numerous educators and respected journals have commented on the importance of study skills in education. In 1986 a national survey of 204,000 students entering college, 40.3% of the students commented that one reason for choosing a college to attend was the fact that they wanted to improve their reading and study skills. (National 1987). In one study with 301 freshmen students; the students rated the reasons for their low grades as being a lack of motivation, poor study habits, and inattention to school work. (Hart 1980). Johnson states in his article found in *Journal of Reading*, "Clearly, student retention is related to academic success. If learning skills programs could be implemented more widely, there would be a significant reduction of attrition rates". (Johnson 1989).

Considering past information, current information, and documented opinions of students and instructors; a study skills course or seminar would be an excellent way to improve student success. Designing a program to cover note taking, outlining, study methods, test taking, organization skills, time management, listening skills, and reading for comprehension would only be in the students', instructors', and schools' best interest. The aim of higher education should always be to educate students and educating students on how to learn and study.

### **Importance of Study habits**

Improving study habits will help one succeed, not only in academics, but in life in general. By improving one's study skills, there is improvement in memory and cognitive awareness as well as it increases the likelihood of achieving better grades.

We all know that good study habits are essential to educational success. Good study habits are an important part of any student's success. We probably can diminish the academic dishonesty by promoting good study habits with students, and letting the students know that good study habits are very important when it comes to school.

**Teacher as a facilitator** A facilitator of learning, therefore, is a teacher who does not operate under the traditional concept of teaching, but rather is meant to guide and assist students in learning for themselves - picking apart ideas, forming their own thoughts about them, and owning material through self-exploration and dialogue.

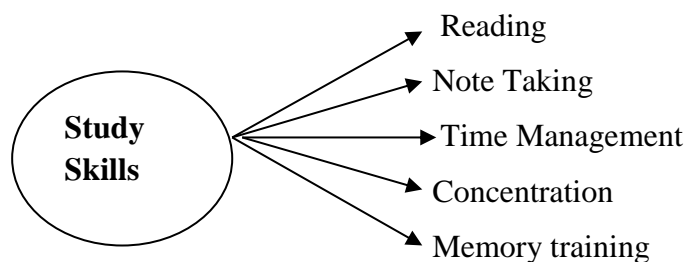
To develop the study habit & study skill teachers need to identify their study habits and focus to develop study skills among students. Teacher guides students that how to improve effective study habit .For the teacher have some characteristics which identify teachers who are high facilitators of personal growth:

1. Effective listening
2. Understanding
3. Respect
4. Intelligence
5. Skill in interpersonal communication (Wittmer & Myrick, p. 40)

For the study habits and study skill development the facilitator have above qualities and prepare task for the student

- **Prepare Task**-The facilitator prepare the task for study habit and study skill –

1. **Study habits** Listen and Analysis of the bad study habits and good Study habits
2. **Study skills** Listen and observe the study skill of the student.  
Explain the importance of reading  
Understand the students' nature for the inculcation of study habits  
Encourage them for effective reading



3. **Note taking** - Importance of note taking, General tips to taking notes,  
Assist students to adopt techniques of note taking
4. **Time Management** - Importance of time management,
5. **Concentration** -Meaning of Concentration, How to improve one's concentration.  
Concentration techniques.

## 6. Memory Techniques - Meaning of memory techniques ,Techniques to improve memory

How to boost memory power

- **Communications for Students is the most important for facilitator**

Communication skills are very simple and straightforward sets of behaviors. The facilitate or suggest that the skills can be put in place and the other facets will come together over time and as a result of social and emotional development. Teachers who facilitate personal growth in students are unique, extraordinary, worthy of the dedication. It requires a self assurance, a willingness to share self, to care, to begin a journey, then launch the student on a personal quest which may not be shared; to send the student beyond the teacher, perhaps with the student never realizing or appreciating what was given. It is that unqualified and indefinable difference between training and education, bossing and leading, telling and teaching.(Ref. Ecological Module : Teaching Roles)

**Conclusion-** Teacher duty is the teaching .Most of the teacher very much concerned about their teaching but aloof from students learning. Sometimes they do not know the difference between teaching and facilitating in learning and it make a distance between the students and teachers. Every teacher should first understand the difference between “teaching” and ‘facilitating in learning” because the both words are correlated with each other. Teaching is an activity which is helping the student in learning.

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